

## Psychologists Professional Development: Implications for Effective Transformation of Emotional Wellbeing of Rural Population

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### Abstract

The health and well-being of the population in regional Australia is crucial to the overall prosperity of the nation. In rural settings, rural psychologists must understand not only what health outcomes are manifested in rural populations but also how the overall settings influence individuals' health outcomes. The appropriate model for rural psychologists is Salutogenesis approach which suggest decentralised psychological practices through a pluralistic and integrated approach. The Salutogenesis approach also guides health promotion and moves beyond a disease focus to providing psychological intervention.